

fume Bistro & Bar Grilled Squab with Dried Cherries and Blood Orange Cabernet Sauce paired with Showket Vineyards 2001 Cabernet Sauvignon – Winemaker Heidi Barrett

Ingredients: (Serves 6)

6 Squab
½ c Cabernet
¾ c cranberry juice
½ c blood orange juice (about 4 blood oranges)
1T chopped orange zest
1T chopped shallot
6 ea. Juniper berries
2/3 c dried cherries
1/3 c olive oil
2 T butter

Kosher salt and freshly ground black pepper

Preparation:

- 1. Combine all ingredients for marinade, except butter, and marinate squab refrigerated, for 4 6 hours. Remove squab from marinade and pat dry with paper towels. Pour marinade into a sauce pan and reduce by half, whisk in butter, 1 tablespoon at a time.
- 2. Rub squab with oil, salt and pepper and let stand at room temperature for 2 to 3 hours.
- 3. Prepare a fire in a charcoal grill. Pat squab pieces dry with paper towels and grill, skin side down, over hot coals for 5 to 7 minutes. Legs should be cooked slightly longer than breasts, which should be medium-rare. Transfer to platter and spoon cherry Cabernet sauce on top.
- 4. Serve on wild rice with grilled asparagus and Showket Vineyard's 2001 Cabernet Sauvignon.